



Tamworth South Public School

NEWSLETTER

Respectful, Responsible, Safe, Successful

Term 2 Week 1

3 May 2024

Calendar 2024

May

- Thursday 9** Year 7 entry to selective high schools in 2025
Selective High School Placement Test
- Thursday 9** Newcastle Knights Visit
12:45pm-1:45pm in the hall
- Thursday 9** RDA - Support Unit
- Thursday 9** P&C Mothers Day Stall
Information note on page 12
- Friday 10** Primary Assembly 3-6
2:10pm-2:40pm
Class Item 6A-09
- Friday 10** Year 6 Canberra Excursion
\$50:00 due
- Friday 10** Zone Cross Country - Barraba
- Friday 10** P&C Mothers Day Stall
Information note on page 12
- Wednesday 15** P&C Meeting
4:00pm in the Library
- Wednesday 15** Boccia Sports Competition
Tamworth Regional Athletics Centre
Support Unit
- Thursday 16** RDA - Support Unit
- Friday 17** All Stewart House envelopes must be returned to school by this date
- Friday 17** Infants Assembly K-2
2:10pm-2:40pm
Class Item 2C-19
- Friday 17** Year 6 Canberra Excursion
\$50.00 due
- Monday 20** NSW Selective Schools Test for the Opportunity Class Year 5 Entry 2025
Applications close
- Wednesday 22** Pizzas, Planes and Play
4:00pm - 6:00pm. Meet in the school Hall
- Thursday 23** Olympic Games Day
Notes have been sent home
- Thursday 23** RDA - Support Unit
- Tuesday 28** Stage 2 and Stage 3 Spelling Bee

ANZAC DAY MARCH 2024

Thank you to everyone who was able to attend the community ANZAC Day march. We were very proud of the children who marched and the Student Leaders who represented us at the Commemoration Service.



Amanda Cook, Principal Relieving



Message

Yaama - Hello and Welcome back!

Term 2 has started well with so many things already happening in our school.

One of them is our new mural, which was designed and painted by local man, Kaleb Waters-Sampson. This mural is in our playground near Woodward Ave. So, if you are driving down Woodward be sure to have a quick look. It won't be missed as it's big, bright and colourful - and a wonderful welcome sign for our school.



ANZAC Day Assembly

On Tuesday our school commemorated ANZAC Day with a whole school assembly under the large COLA. A huge thank you to Mrs. Porter who organised this for us, which was no mean feat when it occurs on the first day back after school holidays.

It was a moving service, were the students heard from Uncle Lennie Waters and the story of his father and uncle's service in WW2. We had the Last Post (Winds of Change) play. This version was performed by Uncle Mark Atkins on didgeridoo and James Morrison on bugle and was first performed on top of the Sydney Opera house last year. Our school has had a long connection with Uncle Mark as he has done artworks for us and taught our boys to play the didg.

Amazing Grace was played on the bagpipes, by Mrs. Karen Brown, as the students laid wreaths and our own Mr. Hocquard played the Reveille on the trumpet.

Please see more photos on page 3.



Cross Country

On Wednesday we had our school cross country. It was wonderful to see so many students take part in this, and the weather was just the right temperature - not too hot and not too cold! It is also great to see we have 46 students onto the next level and off to Zone Cross Country.

All the highlights of the day and photos can be found in this week's newsletter.

Yaluu
Amanda Cook
Principal (Relieving)





ANZAC Day Assembly

On Tuesday 30 April Tamworth South Public School conducted our ANZAC Assembly. Our school leaders are to be congratulated for their leadership during the ceremony. I am proud of all of students who listened carefully and were respectful during the ceremony.

Thank you to everyone who attended our special assembly.



COLOUR FUN RUN WALK-A-THON



Assembly Roster Term 2 2:10pm Friday afternoon (Hall)			
Week	Date	Class Item	Assembly
2	10 May	6A-09	Primary 3-6
3	17 May	2C-19	Infants K-2
4	24 May	5B-11	Primary 3-6
5	31 May	1L-23	Infants K-2
6	7 June	6N-08	Primary 3-6
7	14 June	KO-17	Infants K-2
8	21 June	4/5M-12	Primary 3-6
9	28 June	TBA	TBA
10	5 July	NAIDOC	

**Monday afternoon- K-6 assembly
(K-2 COLA)**

Winter Uniform

As the cooler mornings start to set in please ensure your child's jumpers, hoodies and coats are labelled with their names.

As the day warms up the children often remove these items and leave them in the classroom or the playground. When they are labelled we can get them back to them promptly.

Please have all children in winter uniform by Week 4 (Monday 20 May).

Message to Parents/Carers

If you need to get a message to your child, please phone the school on 6567 8426 **before 2:30pm** to ensure that your child receives your message before bell time.

We cannot guarantee that messages received after 2:30pm will reach your child in time.



Library Opening Hours

Before School Open for staff
Lunch 11.20 – 11.50
Afternoon Tea Closed

If it's on Blue there is Something to do

The mantra '*If it's on blue there's something to do*' refers to notes that are sent home. If the note is on blue paper you are required to do something.

The use of blue paper is to help parents/carers easily recognise permission notes so they can be returned back to the school on time.



Introducing two of the school prefects TSPS - Janine Doran-Dargin and Hollie Marshall

Hello everyone, Janine Doran-Dargin and Hollie Marshall are two of Tamworth South's prefect. Prefects are part of the leadership team known as the School Parliament.

JANINE DORAN-DARGIN

Janine has been at Tamworth South for 8 years, Kindy to year 6 and repeating a year. The reason why Janine wanted to be part of the parliament is because she wanted to give good ideas to the school. As part of her role she attends meeting every second week on Thursday and helps pitch ideas on what to change about the school.

Here are some things you might to know about Janine.

- her favourite colour is purple
- her favourite food is mango
- her favourite thing to do is play footy with friends
- her favourite sport is footy
- her favourite subject is sport



HOLLIE MARSHALL

Hollie has been at Tamworth South for six and a half years because she moved to TSPS half way through Kindy. The reason Hollie wanted to be in the Parliament is because she has ideas to help improve the school.

Here are some things you might to know about Hollie

- her favourite colour is blue
- her favourite thing to do is play netball with her friends
- her favourite sport is netball
- her favourite subject is Maths



Written by - Pippa Cozens

CROSS COUNTRY

PLACINGS

8/9 Year Girls

1	Rebecca Sykes
2	Summer Zammit
3	Lanelee Gibbs-Dick
4	Amelia Stevens
5	Ivy Rose Luke
6	Elianna Thomas

8/9 Year Boys

1	Jahkaelan Croker-Winters
2	Harlan Townsend
3	Talia Henwood-Kaputin
4	Levi Parker
5	Kye Robinson
6	Michael Voncken

10 Year Girls

1	Tilly Shipley
2	Skylah Burgess
3	Madison Apps
4	Nylah Thomas
5	Electra Richards
6	Aria Dyke

10 Year Boys

1	Kylan Cathro-Nean
2	Nathaniel Goulding
3	Oliver Apps
4	Kyran Doran
5	Kaiden Mitchell
6	Cohen Darlington

11 Year Girls

1	Naomi Sykes
2	Ellexiis Gibbs-Dick
3	Nevaeh Cubis
4	April Miller
5	Tymeeka O'Leary
6	Ameliah Cathro-Nean

2024



CROSS COUNTRY 2024

PLACINGS

11 Year Boys

1	Brayth Townsend
2	Kobe Burke
3	Cohen Blair
4	James Smith
5	Lewis Jones
6	Jaxon Shanley

12/13 Year Girls

1	Addison Lockyer
2	Mia Stevens
3	Pippa Cozens
4	Eli-Mae Price
5	Isabella Barrass
6	Maddison King

12/13 Year Boys

1	Cayden Jeffriess-Tapper
2	Tyler Gibbs
3	Fletcher Elsley
4	Carter McKenzie
5	Jay Tobin
6	Mathew Duffy-Hill

WINNING HOUSE

1	Blaxland
2	Lawson
3	Wentworth
4	Sturt

Cross Country News

On Wednesday 1 May students participated in the annual cross country.

Students who placed in the top 6 of their age races will go on to compete at the zone cross country on Friday 10 May at the Barraba Rugby and Sport Club.

It was great to see so many students participating. Students received house points for placing in their races as well as participation points.

Thank you to all the family and friends who joined us in supporting and cheering for the students.



REV UP READING CLASS AWARDS



CONGRATULATIONS

Classes

3M-07, 2D-18, 25M, 5/6B-36 and KO-17

Long Jump Pit

Work has commenced on our long jump pit. This resource will enable us to work with the students to practice their long jump skills.

Hopefully the discus and shot put cage will be completed in time for the Athletics carnival in term 3 .





PAPER PLANES &



Everyone Welcome!

Come along and join us for a fun filled afternoon!

**Wednesday 22
May, 2024**

Meet in the School Hall **4pm-6pm**
 Make and fly paper planes!
 Templates provided!



Per family—includes 2 slices of pizza



Gliders and more!!



About No Parking Sign Infront of School on Petra Ave - response from Council

Please see below the minutes relating to the Petra Avenue No Parking Area.

20/2024 – Removal of No Stopping Area, Petra Avenue, South Tamworth (Council)

Council has been approached by the public requesting the removal of the **NO PARKING** area on Petra Avenue in South Tamworth. As shown below in *Figure 23*, the **NO PARKING** area applies to vehicles that park along the western side of Petra Avenue between the hours of 8:00am – 9:30am and 2:30pm – 4:00pm (School Days).

This sign allows people to stop within this area to unload/pick up passengers for less than 2 minutes (if they stay within 3m of the vehicle).

A disabled parking bay has been previously approved for installation by the Committee (*Item 48/2022*).

Does the Committee have any issues with removal of the **NO PARKING** signs? Should Council change the **NO PARKING** signs to a short-term parking area?

NOTE: Council advised that they have no issues with the current configuration on Petra Avenue. In the current arrangement, vehicles are legally allowed to stop and off load / pick up children for 2min. This arrangement will enable high vehicle turnover to ensure there is always an available space.

NOTE: The current arrangement is similar a “Kiss and Drop” arrangement as utilised by other schools around NSW. Council suggested communications within the school newsletter to confirm this arrangement with parents. Signs could also be installed to advertise this arrangement.



Medical Conditions

Each year it is important that you notify the school if your child has a medical condition. This needs to be supported by your Doctor.

Your Doctor will provide you with a Medical Action Plan, this action plan is only active for 12 months.

It is a legal requirement that you provide the school with a current and updated plan each year.

This notification should occur either at the time of enrolment, or if your child is enrolled as soon after diagnosis as possible.

This ensures that the school community provides your child with the most effective support possible.

Please call the school if this applies to your child, so we can share information and clarify each other's expectations.

School Office Hours

Front office opens at 8:15am to 4:00pm

Monday to Friday
When the office is unattended our answering machine is available





STEWART HOUSE 2024

If you would like to make a Donation to Stewart House and you would like a chance of winning a \$4,000 Holiday/Gift Voucher please follow the steps below.

STEP 1

Please write your name, address, home telephone or mobile number, Email and school back of the envelope that your child has brought home from school.

STEP 2

Insert a donation of at least \$2.00 into the envelope and seal it.

STEP 3

Return the envelope to the school/office. To be eligible for the draw. **All envelopes must be returned to school by Friday 17 May 2024.**

If your child did not bring an envelope home, please let the school know and we will send one home with them.

The winning entry for the \$4,000 holiday/gift voucher will be drawn on **Friday 24 May 2024 at 12:00pm**. The winner and the winner's school will be contacted by phone and email. This is why it is important that your envelopes are filled in clearly and all your details are correct.

Stewart House Donation Drive 2024 93 years caring for children



Stewart House Donation Drive 2024
93 years caring for children
NSW Public Education's Charity of choice

"I was fortunate enough to be allowed to experience this program back in 2018 when I was in year 6 and it really helped me a lot. I feel like your program really gives kids who are struggling a chance."



Your donation supports the **1,600 children** who attend Stewart House each year from public schools across NSW and ACT.

WIN! A \$4,000 holiday travel voucher

- Place a \$2 coin, or equivalent, in this envelope
- Complete entry details on the back
- Return to your school to be eligible for the draw

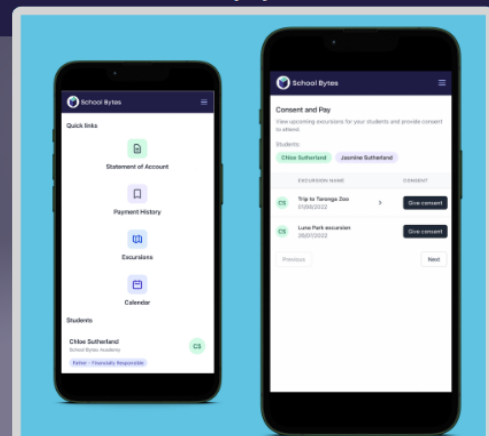


Schools are to collect & post completed entries to **PO Box 21, Freshwater NSW 2096** to be received **no later than Thursday, 23/05/2024**. The draw will take place at noon at Stewart House on **Friday, 24/05/2024**.



AVAILABLE NOW!

We are excited to announce our school will be transitioning to a more flexible and simplified way parent/carers can make payments



The Parent Portal

- Easily make a payment online
- Download your receipt
- Sign and return permission notes digitally
- Use any credits on your account to make payment
- View your complete payment history
- Request a refund



TSPS
SCHOOL
BYTES
PORTAL

Register for the Parent Portal via the QR Code or visit <https://portal.schoolbytes.education>



Mobile Phones and other Devices

If you have a child who brings a phone to school please remind them to hand it into the front office.

Phones are to be handed in upon arrival at school and to pick them up at the end of the day.

Students who fail to do so will have their phone confiscated and it will need to be collected from the office by a parent/carer.

We have purchased soft cases to put the phones in.

The cases will have the child's name written on them so there will not be any confusion over who owns which phone.

Remember the school will not be responsible for lost, damaged or stolen phones.





P & C

tspspandc@gmail.com



Mother's Day Stall Thursday 9th and Friday 10th May

To Our Families,

The P&C Mother's Day stall will be held in the second week of May.

All gifts will be \$5.00 with a maximum of 4 gifts each child.

This year gifts can be purchased either in Cash or by using the Flexi-School App.

If you are using cash, please send money with your child as normal.

For families wishing to utilise Flexi:

Go into your Flexi App and click on Shop – pick your child's name – then click on the next available date – go to Fundraising items and click on which Mother's Day amount you would like.

Please note –

Each child will need to be selected separately; we cannot do Family orders.

You do not have to pick the Mother's Day Stall date; you can pick the next available ordering day and we will keep the order on file until the Mother's Day Stall, payment will be taken at time of ordering.

You can start ordering immediately as Flexi is available now.

No Fees will be incurred for these orders.

Flexi ordering will be available until Monday 6 May until 5:00pm. Flexi payments after 5:00pm on Monday 6 won't be accepted .

Once your child comes with their class, they will be handed their order invoice to use on the day.

If you have any trouble using Flexi, please contact us on the P&C Facebook page.

We will post the class schedule on the Facebook page, please note that this could change at any time based on school activities.

For events such as these to continue, we are always on the lookout for volunteers. If you would like to volunteer for the Mother's Day stall, please reach out to us in person if you spot us around the school or via the Facebook page and we will happily welcome you and can provide you information of what is required.

Please ensure you send your child with a shopping bag to carry the gifts home.

We thank you as always for your continued support.

Tamworth South Public School P&C
Committee



Parents & Citizens Association



UNIFORM SHOP PRICE LIST

BOYS

- Grey Ankle Socks \$5
- Grey Short Sleeve Shirt \$25
- Grey Shorts \$25
- Grey Long Sleeve Shirt \$30
- Grey Long Pants \$30

GIRLS

- Green Ankle Socks \$5
- Green Winter Tights \$14
- White Long Sleeve Skivvy \$16
- White Short Sleeve Blouse \$25
- Green Everyday Skort \$25
- White Long Sleeve Blouse \$30
- Green Long Everyday Pants \$30

SPORTS - ALL STUDENTS

- Sports Shorts Plain \$20
- Bamboo Sports Shirt \$25
- Bamboo Sport Shorts with TSPS Lettering \$25

HATS / LIBRARY / ACCESSORIES

- Green Gloves (Small Size) \$8
- Green Scarf \$8
- Green Beanie \$8
- House Colour Reversible Hat \$15
- Library / Excursion Bag (Waterproof) \$12
- Tie \$15

WINTER WARMERS

- Jacket Fleecy with Stripes \$10
- Green Jumper (No Emblem) \$15
- Green Tracksuit Pants (Silky Outer) \$25
- Green Tracksuit Pants (Fleecy Outer) \$25
- Hoodie \$50
- Waterproof Jacket with Emblem \$55

PRE-LOVED

- | | |
|------------------------|---------------------|
| Summer & Winter Tunics | Hoodies \$20 |
| Waterproof Jacket \$20 | All other items \$5 |



Email: tspspandc@gmail.com

**Tamworth South Public School
P&C Meeting**

The P&C committee are :

President - Michelle Sisson

Secretary - Stacey Pepper

Treasurer - Louisa Devine

All positions were filled at this meeting.

The P&C do an amazing job supporting our school, it would be wonderful to see more parents/carers or grandparents being actively involved so activities like our Mothers' and Fathers' Day stalls and the uniform shop along with other fundraising can continue.

A gold coin donation is all that is required to become a member. It is a great way to meet new people and become involved at your child's school.

We would love to see you at there!!!

P&C Association

May P&C Meeting

Our next P&C meeting will be held on **Wednesday 15 May 2024** at 4:00pm in the school library.



Uniform Shop Hours

**Wednesday to Friday mornings
8:40am - 9:00am**

Monday to Friday - 2:00pm - 3:00pm

Purchases may be made via the Flexi school app or at school. (orders will be delivered to your child's classroom)

Please contact the P & C Facebook page for alternative options.

The P&C are also selling Handballs for \$3.00 each, all purchases may be made via Eftpos and cash. (card payments from adults only accepted).

Stacey Pepper
TSPS P&C Secretary

TAMWORTH TOUCH
ALL ABILITIES COMPETITION

4 week **FREE COME & TRY** competition
Starting **Tuesday 7th May**
4:00pm-5:00pm

An inclusive program that provides the opportunity for people with intellectual and/or physical impairments to learn touch skills.

For more information email tamworthtouch@bigpond.com

Proudly sponsored by - **benevolent** SOCIETY
Your life. Your way.

The Benevolent Society will have trained staff available to modify drills for participants.

Triple P - Positive Parenting Online Program
available free for parents of children under 12.

The Triple P – Positive Parenting Program has been developed here in Australia and is now the world's most widely researched parenting program with hundreds of clinical trials and real-world studies to back it up. Triple P is a toolbox of strategies, skills, and knowledge. It can help you create a closer bond with your child as you support their learning, development, life skills and emotional wellbeing. Triple P can work for you too – and it's online!

Search Triple P Parenting Program or visit triplep-parenting.net.au/au/triple-p/



Tamworth Art Academy

Tamworth Art Academy's Autumn term begins May 6th.

For kids aged 5, join the fun with classes happening Monday, Wednesday or Friday afternoons.

Late enrolments are welcome.

We are a Creative Kids approved provider, and offer afterpay or payment plans.

For more info, make bookings or to get in contact, visit our website:

www.tamworthartacademy.com



Joss Facility Management is hiring staff now

Joss Facility Management provides cleaning services to local Schools and other Clients in this area. We are looking for committed, local people to assist us in maintaining these sites by joining us as a Cleaner.



As a Cleaner, your tasks will include a mixture of general & periodical cleaning tasks, ensuring facilities are ready for use by students, teachers and Client representatives.



Joss Facility Management provide staff with a uniform, all equipment and training and a supportive work environment.



We invite you to register your interest in working with Joss by scanning the QR code or sending an email to careers@jossgroup.com.au

Joss welcome you to visit our website www.jossgroup.com.au for further information on our Company.

We look forward to welcoming some new faces to our team.



TERM SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday
4PM	Art Class 9 to 14 Years		Craft Club 5 to 14 Years		Art Class 5 to 9 Years
5.30PM					
6PM					

Art Class

Classes which focus on core art skills, such as clay sculpture, drawing & painting - as well as more modern artforms such as digital art, animation and video games.



Craft Club

Classes which focus on traditional textile art skills, such as different forms of embroidery, weaving & hand sewing - as well as crafts such as collage and clay sculpting.



CREATIVE KIDS VOUCHERS WELCOME. AFTERPAY AVAILABLE. ALL CLASSES HELD AT TAMWORTH COMMUNITY CENTRE. VISIT WWW.TAMWORTHARTACADEMY.COM FOR MORE INFO AND BOOKINGS.

FOOT PAIN IN CHILDREN



Heel pain

If your child has been complaining of pain in their heel this is a common complaint, particularly between the ages of 8-15 years old. Commonly known as "growing pains", they should not be ignored and instead should be treated. Most often, this is caused by a growth plate becoming irritated and inflamed at the back of the heel. Typically, this pain will begin only after activity (such as a sporting event) and will increase to coming on during the activity also. A simple stretching program in combination with treatment can alleviate this pain.

Knee pain

In growing children, pain in the area just below the knee can occur, particularly with children who are involved in sports that involve lots of running and jumping. Swelling can often be visualised in the area where the pain is felt. It is important be in properly fitted and cushioned shoes to protect their growing knees and to seek advice should the pain persist.

Steps to take

If your child is noticeably limping or complaining about pain in the feet, legs or knees it is important to get this assessed. It is always a good idea to book in for an assessment of your child's feet to rule out any significant causing of pain. Often, a treatment plan can be commenced by a podiatrist to help your child be pain free.



02 6766 8288
 103 Peel Street,
 Tamworth NSW 2340
 bdpodadmin@peelhealth
 care.org.au

The best things to look for in shoes

It is especially important to be wearing supportive shoes. This is especially important in sports such as soccer and netball in order to protect the knees and ankles.

A visit with a podiatrist can be helpful if you would like further advice on the best footwear choice for your child.

General advice:

- Firm shoe bottom
- Fully adjustable
- Thumb width at end of shoe
- Firm heel counter
- Limited ability to twist through middle portion



At Brooke Dalzell Podiatry we have 4 lovely podiatrists available Monday to Friday with before and after school appointments. Have a question about your child's feet?? Give us a call.