



# Tamworth South Public School

## NEWSLETTER

*Respect for self, others and school*

Term 4 Week 2

25 October 2019

### October

- Monday 28** Grandparents Day Assembly and open Classrooms  
9:30am - 11:10am in the school hall
- Wednesday 30** Kindy Transition  
9:10am - 11:10am
- Wednesday 30** P&C Meeting  
4:00pm in the Library
- Wednesday 30** Touch Football Gala Day  
9:30am - 2:00pm
- Wednesday 30** Year 5 Peel Taster Day  
12:10pm - 3:00pm
- Thursday 31** One day Chess Tournament (Nemingha PS)
- Thursday 31** Infants Assembly K-2  
Class Item ES1 17

### November

- Friday 1** Primary Assembly 3-6
- Monday 4** CAPERS Dance Rehearsal Stage 2 & 3  
9:30am - 2:30pm
- Tuesday 5** CAPERS Dance Rehearsal ES1 & 1  
9:30am - 2:30pm
- Wed 6 - Thur 7** PSSA Athletics
- Wednesday 6** CAPERS Massed Choir Rehearsal - TRECC  
10:00am - 2:00pm
- Wednesday 6** CAPERS Dance Rehearsal Indigenous  
9:30am - 2:30pm
- Wednesday 6** Canteen Meeting  
2:30pm in the Canteen
- Thursday 7** CAPERS Massed Choir Rehearsal - TRECC  
10:00am - 2:00pm
- Thursday 7** Infants Assembly K-2  
Class Item ES1 35
- Friday 8** CAPERS Matinee Performance  
10:00am - 2:00pm
- Monday 11** Selective High School Application Year 7 for 2020  
*Application website closing date*
- Monday 11** Remembrance Day Service 10:45am - 11:05am  
*Information to Follow*
- Wednesday 20** P & C Meeting  
4:00pm in the Library

### December

- Wednesday 11** Presentation Day  
*Will be held at TRECC. Information to Follow*
- Monday 16** Kindergarten Graduation  
2:00pm
- Tuesday 17** Year 6 Graduation - (12:00pm) and Formal Dinner/Dance

### Year 4 Artwork

Year 4 girls showcasing their gorgeous artwork.  
Well done !



## Leonie Byrne, Principal

### *Grandparents' Day*

*Grandparents have always played an important role in family life, but over the last twenty years, many have had increased responsibility for their grandchildren with an increasing number becoming the main caregivers.*

Many grandparents provide childcare for preschool children particularly for babies and toddlers, when both their parents are in the workforce. They also assist with school-age children by picking them up from school, and providing care during school holidays.

Being a grandparent provides you with the opportunity to go back to your first role as a parent, but without the pressure to be a disciplinarian. Being a grandparent is a privilege and at times a complicated relationship.

Grandparents usually have unreserved love for their grandchildren and are usually an endless source of hugs and kisses. It has been proven that children who are lucky enough to enjoy the affection from a grandparent, or a grandparent figure, will develop enhanced self-confidence because they will feel loved and valued by significant people other than their parents.

Grandparents can also be a wonderful source of educational support. Generally they are more available and have a slower and calmer pace to help teach children things. Through play and the usual activity of daily life grandparents can create opportunities to help their grandchildren learn many things.

On Monday, we will celebrate Grandparents' Day with a special assembly, morning tea and an opportunity to visit classrooms.

Invitations went home on Wednesday so if you are a grandparent, or special friend, please join us to celebrate. The assembly commences at 9:30am in the Hall.



Grandparents' and Special Friends' Day

Monday 28 October 2019

Assembly 9.30am in the TSPS Hall

Followed by Morning Tea

(entry only for Grandparents and Special Friends)

(students to go back to classrooms before grandparents and Special Friends join the)

"Grandparents and Grand Friends prepare us for the future by teaching us about the past." Unknown



High Performing Students Team

Education

Applying for Year 7 entry to selective high schools in 2021

Thinking of applying for a government selective high school for Year 7 in 2021?

You must apply online at:  
[education.nsw.gov.au/public-schools/selective-high-schools-and-opportunity-classes/year-7](https://education.nsw.gov.au/public-schools/selective-high-schools-and-opportunity-classes/year-7)

**Key Dates**

Application website opens: 8 October 2019

Application website closes: 10 pm, 11 November 2019  
 you must apply before this deadline

Test authority advice sent to all applicants: 27 February 2020

Selective High School placement test: 12 March 2020

Placement outcome information sent overnight on: 4 July 2020

Please read this booklet carefully before applying.

Parents should check the website at [education.nsw.gov.au/public-schools/selective-high-schools-and-opportunity-classes/year-7](https://education.nsw.gov.au/public-schools/selective-high-schools-and-opportunity-classes/year-7) regularly throughout the application and placement process.

Please check the website for information before you contact the Team.

The Selective High Schools placement process for Year 7 entry is administered by the High Performing Students Team.

**Contact Details:**

High Performing Students Team, NSW Department of Education  
 Email: [spu@det.nsw.edu.au](mailto:spu@det.nsw.edu.au)  
 Telephone: 1300 880 367  
 Fax: 02 9366 8435  
 Postal Address: Locked Bag 53, DARLINGHURST NSW 1500  
 Facebook: <https://www.facebook.com/groups/77223106303086/>

**Please Note:**  
 \* In this document, the High Performing Students Team is referred to as the Team.  
 \* "Parent" is defined under the Education Act, 1990, as a "guardian or other person having custody or care of a child"

### *Selective High School Applications - 2021*

Parents of students in Year 5 who are thinking about attending a Selective High School in 2021 need to lodge an online application.

Please see the flyer in this newsletter. The selective schools exams (i.e. FMHS) that will occur in March next year.

Applications close on Monday 11th November 2019 at 10:00pm. A detailed note has been sent home with every Year 5 student to ensure the information is available early to parents.

Please don't miss this information or opportunity. Parents apply through the High Performing Students Team website at

<https://education.nsw.gov.au/public-schools/selective-high-schools-and-opportunity-classes/year-7> (<https://education.nsw.gov.au/public-schools/selective-high-schools-and-opportunity-classes/year-7>)



## Kindergarten 2020 Transition

Kindergarten 2020 still has more sessions planned for this term. If you have a child coming into kindergarten next year please ensure you have completed an enrolment form.

Bring your child along to these transition sessions to assist us to ensure your child has a smooth start to school.

## 2020 Kindergarten

### 2020 KINDERGARTEN TRANSITION



**Transition Dates**

- 4<sup>th</sup> September 2019
- 11<sup>th</sup> September 2019
- 18<sup>th</sup> September 2019
- 25<sup>th</sup> September 2019
- 16<sup>th</sup> October 2019
- 23<sup>rd</sup> October 2019
- 30<sup>th</sup> October 2019

**Best Start Dates**

- 29<sup>th</sup> January 2020
- 30<sup>th</sup> January 2020
- 31<sup>st</sup> January 2020

**First Day of School**

- 3<sup>rd</sup> February 2020

### Transition Week 2 Term 4

'We're going on a bear hunt' was the theme of transition this week!

We read the Bear hunt story by Michael Rosen and the children all enjoyed joining in with the chants. While half of the group played outside in the sandpit and the playground equipment, the other half were inside making maps, building bear patterns and tracing bear pathways. It was a very busy morning!

Our session then rounded out with the children hunting for some rocks that had been decorated and hidden in our garden by our Year 6 students. It was a lovely treat for the children and would like to thank Miss Birt and her students for making today so special.

Next week, Wednesday 30 October, is our final transition session. We would like to invite all parents, grandparents and carers to come along.

There will be a short parent workshop session starting at 9:10am in Room 17 and this will be followed by a treasure hunt for the parents and children, starting at 10:00am.

At approximately 10:40am, we will have a small presentation to each of the students who are starting school in 2020

We hope to see as many family members there as possible.





## Principal's Ribbons

### Week 2

#### Tyler Cain - ES1/S116

Motivated learner and a kind class member

#### Logan Cooper - ES1/S1 16

Being a kind and caring member of the class

#### Kade Allen - S1 21

Giving up their playtime to help others

#### Laycie Delforce - S1 21

Giving up their playtime to help others

#### Sienna Davies - S1 21

Giving up their playtime to help others



### Catch it Awards Week 2

Addison Dwyer - ES1 20

Mia Cloake - S3 10

Aliyah Cannon - S3 02

Valerie Linn - ES1 20

Coopa Davies - SE 29

### Canteen Awards



## Term 4 Assemblies

| Week | Infants K-2 | Item   | Primary 3-6 | Item          |
|------|-------------|--------|-------------|---------------|
| 3    | 31 October  | ES1 17 | 1 November  | to be advised |
| 4    | 7 November  | ES1 35 | 8 November  | to be advised |
| 5    | 14 November | ES1 20 | 15 November | to be advised |

This information is subject to change at short notice

### Week 1 Term 4 Assembly Awards

#### Year 3-6 Awards

#### Students of the Week

Nikalas Dunn, Ashley Clarke, Isobel Hocquard, Harper Norris, Taj Keech, Toby Chambers, Mia Allen, Jessica Scott, Bailey Woods, James Knight, Emily Taylor-Burgess, Bianca Woods, Amy Barber, Sophie Mackney, Maya Patterson, Cooper Stanton, Anthony Ross.

#### Achievement Awards

Maddison Marshall, Lachlan Hull, Amy Sisson, Heather Dewhurst, Ella Lewis, Kaiden Southwell-Gray, Rhys Trembath, Molly Carey, Brock Stacy, Jayden Doyle, Zander Holt, Georgia Lawlor, Halle Givney, Tahlia Oliver, Matilda Bailey, Kaleisha Cullen, Kye Weber, Jasper Williams, Trent Panarez, Alyssa Hughes, Oliver Garrett.

### Book Club

**Orders Close for Issue 7 on Friday 1 November 2019.**

All orders need to be given to Mr Bailey in the Library,

Please do not take them to the Office.

Thank you  
Mr Bailey



### Sports Awards



## Department of Education Policy

### *Protecting Our Children*

**Schools must be following Department of Education Policies. It must be appreciated that your child's safety is paramount.**

Every volunteer in the classroom, canteen, office and with sporting teams, must sign a Child Protection declaration form and provide 100-point identification (if you do not provide a WWCC number).

Parents/Carers transporting team members other than their own child will also be expected to provide a copy of their license, comprehensive insurance and car registration. All paperwork can be completed and presented at the front office. Please note that you only need to do this once in the year and it will be kept on file in the front office.

Parents/Carers of all early leavers must report to the front office to collect an Early Departure slip before collecting a child. The slip must be shown to the teacher to verify that the child has been signed out. Parent/Carers must keep the slip with them when they leave the school, incase they are approached in the street by HSLO's who often work with the police to complete a Street Sweep.

Newcastle Permanent's  
**Cinema**  
under the stars

**Free!**

Friday 29 November 2019  
**Beauty and the Beast** (PG)  
Bicentennial Park, Tamworth

Entertainment from 5.30pm, movie from sunset  
Visit [newcastlepermanent.com.au/cinema](http://newcastlepermanent.com.au/cinema) or 'like' us at [facebook.com/newcastlepermanent](https://www.facebook.com/newcastlepermanent)

Event managed by Our media partners

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**DAUGHTERS AND DADS**  
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**CALLING ALL DADS OF**  
primary school-aged (K-6)\* daughters.

- Spend quality time with your daughter(s) engaging in a mix of education sessions and fun practical activities.
- Help improve her sport skills, confidence, self-esteem and resilience.

To find out more and to book your spot, visit  
**[sport.nsw.gov.au/daughtersdads](http://sport.nsw.gov.au/daughtersdads)**

For more information or book your place  
**13 13 02**  
**[sport.nsw.gov.au/daughtersdads](http://sport.nsw.gov.au/daughtersdads)**

### Whooping Cough

Dear Parents/Carers

There has been a confirmed case of Whooping Cough at our school. While there is no cause for alarm, we have provided the following facts for your information.

**What is pertussis?**  
Pertussis (or whooping cough) is a disease caused by infection of the throat with the bacteria *Bordetella pertussis*.

**What are the symptoms?**  
Pertussis usually begins just like a cold, with a runny nose, tiredness and sometimes a mild fever. Coughing then develops, usually in bouts, followed by a deep gasp (or "whoop"). Sometimes people vomit after coughing.

Pertussis can be very serious in small children. They might go blue or stop breathing during coughing attacks and may need to go to the hospital. Older children and adults may have a less serious illness, with bouts of coughing that continue for many weeks regardless of treatment.

**How is it spread?**  
Pertussis is spread to other people by droplets from coughing or sneezing. Untreated, a person with pertussis can spread it to other people for up to three weeks after onset of cough.

The time between exposure and getting sick is usually seven to ten days, but can be up to three weeks.

**How is it diagnosed?**  
If a doctor thinks someone has pertussis, a swab from the back of the nose, or a blood test may be done to help confirm the diagnosis.

**How is it treated?**  
A special antibiotic is used to treat pertussis. These antibiotics can prevent the spread of the germ to other people.

Coughing often continues for many weeks despite treatment.

Further details can be found on the NSW Health website:  
[www.health.nsw.gov.au/factsheets/infectious/pertussis](http://www.health.nsw.gov.au/factsheets/infectious/pertussis) or through your local doctor.

If you have any concerns about your child, please do not hesitate to contact your local doctor.

## Advertising Space Available

If you would like to advertise your business in the Tamworth South Public School newsletter, please contact the school on 6765 8426 for our advertising charges.



## Sports News

### *Knock Out Netball 2019* *Inter District Final Against Casino West*

Our school Knock Out Netball Team has been very busy over the past few days. On Sunday we travelled by mini bus to Casino.

We are very grateful to have had Maya Pattersons Dad, Mr Todd Patterson, as our reliable bus driver and the support of many families who came to cheer us on.

On Monday 21 October, we had our match against the North Coast champions, Casino West. They were an excellent team of netballers, with great passing and speed around the court. Tamworth South's players fought hard and staged a late comeback, but unfortunately lost the game 19-5.

We are so proud of our netballers. They trained and played hard to become the North West Champions. Tamworth South made it to the final 8 teams in NSW in the Primary Schools Knock Out.

Congratulations girls, you showed great skill and sportsmanship throughout the entire Knock Out.

Mrs Belinda Meppem



Well done Girls!

Makenzie Noble, Jewels Guy, Maya Patterson, Taylah Wright, Aliyah Cannon, Brielle Jeffries-Tapper, Amelia Langford, Vienna Richards.



## 5 steps to the perfect healthy lunchbox

### ADD ENERGY TO PLAY & LEARN

Pick carbs such as wholegrain bread, pittas or wraps, or use leftover wholemeal pasta. These provide fibre, which is great for digestion as well as giving energy to help children feel full of beans.



### CREATE HEALTHY HABITS

Pop some veg and fruit into lunchboxes every day. The different colours, flavours and textures add variety, and the vitamins, nutrients and fibre are essential for good health.



### HELP TO GROW

Fill hungry tummies with protein-packed foods such as grilled chicken, boiled eggs, canned tuna in water or beans. Children need protein to grow, and it has the added bonus of being very filling.



### BUILD STRONG BONES

Include naturally calcium-rich options such as yogurt and cheese. Developing bones use loads of calcium every day, so you'll be helping them to grow long and strong.



### SNACKS TO REFUEL

It's always nice to see a favourite snack nestling in your lunchbox. Choose nutritious options such as small wholemeal fruit scones, malt loaf, bananas, oat cakes and wholegrain muesli bars with green traffic lights.



## Canteen News

### Late lunch orders

Due to large numbers of late lunch orders and emergency lunches, the Canteen Committee has decided that any orders after 9:30am will be sandwiches ONLY NO exceptions.

### NO Phone Orders Accepted:

Unfortunately due to the large numbers of lunch orders the Canteen is unable to process anymore phone orders. All orders are to be placed at the Canteen.

**Wednesday 6 November 2019 at 2:30pm in the canteen.**

The school canteen runs on volunteers and we are in need of some more volunteers ready for immediate start.

### Canteen Roster

#### Term 4

#### 21 October - 25 October

|           |  |
|-----------|--|
| Monday    | Kerry Cramp, Annette Ward                          |
| Tuesday   | Annette Ward,<br>Michelle Summers - when available |
| Wednesday | Julie Davis  |
| Thursday  | Annette Ward                                       |
| Friday    | Kerry Roberts, Amanda Claudel,<br>Lisina Monk      |

#### 28 October - 1 November

|           |   |
|-----------|---|
| Monday    | Kerry Cramp, Annette Ward                                     |
| Tuesday   | Annette Ward,<br>Michelle Summers - when available            |
| Wednesday | Julie Davis   |
| Thursday  | Annette Ward  |
| Friday    | Kerry Roberts - when available<br>Amanda Claudel, Lisina Monk |

Canteen - Michelle Weber

### P&C Meeting

The P&C will be holding our October meeting on Wednesday 30 October 2019 at 4:00pm in the Library.

We look forward to seeing you there.

Regards

Katrina French :- P&C President



## Parents and Citizens

**Our P&C meetings are held in the Library on the third Wednesday of the month at 4:00pm.**

All Parents, Grandparents and Guardians are welcome to attend. We welcome new volunteers and members.

**Please note that the next P&C meeting will be held on Wednesday 30 October in the Library at 4:00pm.**

### Clothing Pool

#### Changes for the Clothing Pool

**The clothing pool will be open every Tuesday and Wednesday from 8:40pm until 9:10am.**

Please keep an eye on the newsletter and our facebook page for other opening times. Thank you.

If you have any queries please email us on

**tspspandc@gmail.com**

or you can leave a message at the office and it will be passed on to the Clothing Pool.

The clothing pool is now stocking short socks in assorted sizes in bottle green, grey and white. They cost \$4.00 a pair.

### Canteen - School Hats

Due to the large number of enquires about hats with a tie under the chin, we have sourced hats with a tie on the crown.

**All hats will be at a new price of \$10.00**

**Available Now**

**Clothing Pool is now stocking**

Grey Long Pants with double knee  
\$20.00 pair (sizes 6 to 16)

**Green Beanies**

**\$5.00 each** (one size fits all)

Library Bags Price Increase - NOW - \$12.00

### P & C Fundraiser

Dear Parents/Carers

The P & C have decided to hold a fundraising guessing competition. Each child will receive a book of 10 tickets to sell. Tickets will be \$2.00 each or \$3.00 for 5 tickets.

We appreciate your help with this event.

All tickets and money are to be returned to their classroom teacher by no later than Wednesday 4 December 2019.

Regards

Katrina French (President)







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**Good for Kids** good for life

**TURN OFF SCREENS AND GET ACTIVE!**

Screens can be great for learning, play and communication, but too much screen time can be unhealthy. Try to sit less and move more.

How can parents help?

- Ensure kids have at least one hour of physical activity a day,
- Limit kids total screen time to less than 2 hours per day,
- Remove TV sets and computers from your child's bedroom,
- Encourage other types of fun that include both physical and social activities, like walking the dog or joining a sports team.



Source: Make Healthy Normal and the 24-hour Movement Guidelines

NSW Health  
 Hunter New England Local Health District

[HNEHQ-GoodForKids@health.nsw.gov.au](mailto:HNEHQ-GoodForKids@health.nsw.gov.au)  
<http://www.goodforkids.nsw.gov.au/>

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 Tamworth - 6765 5513  
[choicesflooring.com.au](http://choicesflooring.com.au)

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- Mulches
- Organic Compost
- Quality Turf
- Crusher Dust
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