



Tamworth South Public School

NEWSLETTER

Respect for self, others and school

Term 2, Week 4

24 May 2019

Calendar

May

Monday 27	Zone Netball and Gala Day
Monday 27	NAPLAN online window closes
Tuesday 28/29	PSSA Boys Football (Soccer) - Bathurst
Wednesday 29	Gunnedah School Choir Eisteddfod
Wednesday 29	Responsible Pet Program 9:10am - 2:10pm
Thursday 30	Brainstorm Productions - 'The Human Race' K-6
Thursday 30	Zone Girls Softball
Friday 31	Girls and Boys Touch Trials

June

Tuesday 4	Multicultural Public Stage Finals 9:10am - 1:20pm in the Hall
Friday 7	Year 4 Major Excursion - Sydney 3rd Installment - \$50.00
Friday 7	Netball Trials 1:00pm - 3:00pm
Monday 10	Queen's Birthday holiday
Tuesday 11	Tamworth Eisteddfod Primary Choirs
Wednesday 12	Boys Softball Trials
Wednesday 12	Girls Basketball Gala day
Thursday 13	Boys Basketball Gala Day
Thursday 13	Tamworth Eisteddfod Marimba Groups
Friday 14	Regional Cross Country
Friday 14	Year 3 Major Excursion - Dubbo 3rd Installment - \$30.00
18 / 19 / 20	PSSA Girls Basketball - Albury
18 / 19 / 20	PSSA 11yrs Rugby League - Soldiers Point
Wednesday 19	P & C Meeting 6:00pm in the library
Wednesday 19	High Jump - Athletics Carnival
Wednesday 19	High Jump Finals 3 - 6 9:30am - 12:00pm
Wednesday 12	Festival Of Choral Music 2nd Installment - \$85.00
Friday 28	Year 5 Major Excursion - Point Wolstoncroft Final Installment - \$65.00
Friday 28	Year 6 Major Excursion - Canberra Final Installment - \$100.00

Tennis Knockout Round 3

Mia Cloake, Mackenzie Noble, Joshua Roach and Riley Weber played eight highly competitive games against Tamworth Public School in Round 3 of the interschool competition on Friday 17 May 2019.

Each student played brilliantly, displaying exceptional sportsmanship and skill. They are to be commended for representing Tamworth South Public School in such a manner.

Huge thanks from Mrs Johnson who enjoyed another wonderful tennis opportunity with Mia, Mackenzie, Josh and Riley.

Tamworth Public School were successful in progressing to the next round against Gunnedah Public School.



Leonie Byrne, Principal

A Time for Reflection

Learning social skills reduces negative behaviour and promotes students' academic success, health, and overall well-being.

School is not only a place where children learn reading, writing and maths. It is also a place where they learn to get along with other people and develop social skills. Social skills play a very important role in a child's emotional health and well-being.

Studies have shown that the most important skills for children to learn are around cooperation, self-control, confidence, independence, curiosity, empathy and communication.

At Tamworth South we have been reviewing our discipline management procedures and as part of that review we have made some adjustments. Children who are struggling with their behaviour will now attend TaO with Ms Patison (Thinking about Others, K-2) or Reflection with Mrs Batho (3-6). During these sessions the children will be assisted to develop appropriate behaviour, reflect on and identify better choices.

The Surprising Truth About Discipline In Schools

By Nick Morrison

They are a staple of school discipline policies everywhere but setting detentions and making pupils miss recess are ineffective ways of punishing bad behavior, according to new research. Instead of changing behavior, these established punishments create resentment and damage the relationship between student and teacher, the study found.

And, according to the academic behind the research, what is perhaps more surprising is that, despite it being used in many schools around the world, this approach to discipline has virtually no solid theoretical grounding at all.

Dr Ruth Payne, a lecturer at Leeds University in the U.K. and herself a former teacher, surveyed students aged 11 to 16 at a school in England to find out their attitudes to traditional punishments and rewards.

A series of questionnaires asked students how they would respond to a range of measures and what was likely to make them behave better or work harder. Although she is still writing up her research, preliminary findings suggest it may overturn some of the beliefs that underpin school discipline policies.

One is that sanctions that require students to complete detention after class or making them miss all or part of their recess do not make them behave any better

“Things that encroach on the kids' time don't seem to work,” says Dr Payne. “Missing breaks or getting detentions doesn't seem to be successful.”

Telling students off in front of the rest of the class or punishing the whole class for misdemeanors committed by a few students are also ineffective and ended up creating resentment and harming the student-teacher relationship.

Ref: <https://www.forbes.com/sites/nickmorrison/2014/08/31/the-surprising-truth-about-discipline-in-schools>



Reading Activities in S3 02



Are You A Parent of a Child Aged 2 to 12?

The Parenting and Family Support Centre at the University of Queensland is conducting research into parents' opinions about parenting and parenting programs.

If you have a child between 2 and 12 years, we would love to hear your views on parenting and the services that are available to you as a parent. You will need to complete a short survey

To find out more or to participate please visit:
<https://exp.psy.uq.edu.au/p>



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**Weekly Tip:
removing distractions**



Weekly tip: Removing Distractions

This month, our weekly tips are aimed at Dads with Primary School Kids.

This week, focus on removing distractions and making the most of the 'little moments' to connect with your children.

- Driving the kids to school or picking them up in the afternoon can be a great time to talk together but it's easy to get distracted by phones, iPods and other devices and toys.
- Try making it a rule that all schoolbags, phones and other "distractors" must go in the boot.
- It may take a few days to enforce this habit and for the children to get used to it, but persevere and they will soon start talking.
- Make sure you are not similarly distracted – turn off the radio and your phone.



Chillax Room

S3 02
 Jezyha
 and Jaiden
 building a
 house to host
 a party in

Principal's Ribbons

Week 4

Bailey Rickard - SE 29

Well written and interesting stories about Dubbo Zoo

Lucas Slater - SE 29

Well written and interesting stories about Dubbo

Maison Willcox - S1 22

Sensible behaviour

Lochlin Thirlwell - ES1 20

Sensible behaviour

Javier Tombek - S1 24

Sensible behaviour

Tyson Gibbs - S1 24

Sensible behaviour

Tyler Gibbs - S1 24

Sensible behaviour

Jaxon Craig - S1 19

Being proactive

Arley Johnston - S1 19

Being proactive



Week 4 Assembly Awards

Year K-2 Awards

Students of the Week

Cailin Balgoa, Matei Paraschiv, Grace Whitford-Donohue, Caydan Jeffriess-Tapper, Cooper Brown, Ronan Tutai-Monk, Maddison King, Remas Ibrahim, Raymon Kennedy, Kyharni Beale-Smith, Emmanuel Field.

Achievement Awards

Jahmirra-Lee Price, Jarrod Smith, Jaylan Leslie, Emelia Carter, Ryley Crockatt, Maddison Fletcher, Azure Keech, Brooklyn Heywood, Taylah Townsend, Harmony Walsh, Sofiyah Iskafi.



Term 2 Assemblies

Week	Infants K-2		Primary 3-6	
5	30 May	ES1 17	31 May	S2 08
6	6 June	ES1 35	7 June	S2 05
7	13 June	ES1 20	14 June	S3 12
8	20 June	ES1/S1 16	21 June	S3 10

This information is subject to change at short notice

Week 3 Assembly Awards

Year 3-6 Awards

Students of the Week

Kaiden Southwell-Gray, Elizabeth Kaluder, Dante Ridoux, Jacob Cook, Hudson Stout, Peyton Miller, Tobias Allen, Lacham Tutai-Monk, Jordan Steel, Georgia Lawlor, Taj Keech, Kaleisha Cullen, Gemma Marchant, Kyiesha Clarke, Bridget Stackman, Maverick Kemenyvary, Tobias Higgins, Kataya Rowe, Keigan Shepherd.

Achievement Awards

Johnathan Ross, Amelia Langford, Amy Barber, Mia Wilkinson, Sienna Cain, Kaleb Mellross, Dylan Lacey, Jessica Baldwin, Nikayah Craigie, Matilda Shearim, Ellie Germon, Ben Roberts, Mitchell Piper, Saranporn Sritin, Katelyn Hagger, Sebastian Ward, Albert Beale, Cate Parsons, Summer Moore, Anna Pollard, Taysha Wadling.

You have been Caught

Catch it Awards

Janine Doran-Dargin - S1 18
Kohden Wadling - S1 19
Savannah Wheatley - S1 19



Week 4

Uniform Award
S1 22
Assembly Award
ES1 35



Athletics Carnival High Jump

The high jump events for our school primary athletics carnival will be held during school time in week 8 of this term. This way, high jump events can be completed in one session and not carried over to another day. Children who are interested in participating in the high jump event and who are **competent** high jumpers must complete the attached nomination form and return to Mrs Falkenmire by **Wednesday 12 June**. The high jump will be conducted by Mrs Resch. A copy of this form can be obtained from Mrs Falkenmire.

Senior Boys / 11 yr Boys **Wednesday 19 June 9:30am – 11:10am**
Senior Girls / 11yr Girls **Wednesday 19 June 9:30am – 11:10am**
Junior Boys / Junior Girls **Wednesday 19 June 9:30am – 11:10am**

Age divisions are as follows:

- Jnr (8yrs, 9yrs, 10yrs) compete in one division
- 11 yrs
- 12/13 yrs



ATHLETICS CARNIVAL HIGH JUMP NOMINATION FORM

I would like to nominate for the

_____ girls/boys
 high jump to be held later this term.

Parent/Guardian Signature _____

Date: _____

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Optometrist Visit

Visiting optometrist Dr Peaks, is at the Tamworth Community Centre (opposite PCYC) in Term 2 every second Monday.

He offers free glasses for children from low income families. All you need is a copy of the child's results from a full eye test from another optometrist.

(Paul Harvey, Spec Savers) and an income statement.

Please ring the school and contact the Learning and Support Teachers for more information.



Child Reading Book

Information Pack
Let's stick together with Earn & Learn
 1 May to 25 June 2019

In this information pack, you'll find everything you need to help your school earn a financial surplus of equipment. That's why I pick Woolies!

Earn and Learn

Stickers will be available at all Woolworths between 1 May - 25 June.

For every \$10.00 spent at Woolworths you will receive a sticker. Collect your stickers on a sticker sheet and return them to the collection box in the office.

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Windows Phone & Blackberry Devices

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Sports News

*Rugby League Gala Day Monday 20
May 2019*

Tamworth South Public School's rugby league team went to the Minor League Fields to play in a gala day knockout competition.

The team was

- Darius Antony, Mia Cloake,
- Will Vernon, William Green,
- Albert Beale, Blake Mabbott,
- Troy Bennett, Camdan Jordan,
- Malaki Creighton, Koby Heywood,
- Tex Baker, Tyrone Davis,
- Tysanadre O'Leary, Ashley Wall,
- Anthony Tunbridge and Bradley Woolley.

In the first game we lost by 2 points against Tamworth Public. The second game we won by 6 points against Kootingal. We also won the final game. We beat Tamworth Public by 10 points.

It was a great day.

By William, Blake and Tex



'Tamworth Sporting Challenge'

This is a lighted challenge between local sports to see who can donate the most blood and plasma in 3 months.

The challenge is running from 1/6/19 -31/08/19. It's very easy to start donating blood, just follow the steps online at www.donateblood.com.au.

- To be a hero and have your donations count, join the Red25 group
- | | |
|-----------------------|----------------------------|
| Tamworth Soccer | Tamworth Softball/Baseball |
| Tamworth Rugby League | Tamworth Hockey |
| Tamworth Rugby Union | Tamworth Basketball |
| Tamworth Cricket | Tamworth Netball |
| Tamworth AFL | Tamworth Tennis |

13 14 95 or donateblood.com.au/red25



Canteen News

Late lunch orders

Due to large numbers of late lunch orders and emergency lunches, the Canteen Committee has decided that any orders after 9:30am will be sandwiches ONLY NO exceptions.

NO Phone Orders Accepted:

Unfortunately due to the large numbers of lunch orders the Canteen is unable to process anymore phone orders. All orders are to be placed at the Canteen.

Wednesday 5 June 2019 at 2:00pm in the canteen.

The school canteen runs on volunteers and we are in need of some more volunteers ready for immediate start.

Canteen Roster

Term 2

27 May - 31 May

Monday	Kerry Cramp, Annette Ward
Tuesday	Annette Ward Michelle Summers - when available
Wednesday	Julie Davis, Anne Marie Mitchell, Paula Zammit - when available
Thursday	Annette Ward, Roberta Boney
Friday	Enas Elbitar, Kerry Roberts, Amanda Claudel, Lisina Monk

3 June - 7 June

Monday	Kerry Cramp, Annette Ward
Tuesday	Annette Ward, Gwen Arthur Michelle Summers - when available
Wednesday	Julie Davis, Anne Marie Mitchell, Paula Zammit - when available Alison Lock
Thursday	Annette Ward, Roberta Boney,
Friday	Enas Elbitar, Kerry Roberts, Amanda Claudel, Lisina Monk

Chris Knee - Canteen



P & C

Parents and Citizens

Our P&C meetings are held in the Library on the third Wednesday of the month at 6:00pm.

Next P&C Meeting will be on

Wednesday 19 June

Which will be held at the NEW time of 6:00pm in the School Library.

All Parents, Grandparents and Guardians are welcome to attend. We welcome new volunteers and members.

Clothing Pool

Term 2 changes for the Clothing Pool

The clothing pool hours have changed for Term 2. Due to some work changes there will be no set opening hours. If you need the clothing pool, you will need to see Michelle Weber in the school canteen between 8:30am and 2:00pm.

If you have any queries please email us on

tspspandc@gmail.com

or you can leave a message at the office and it will be passed on to the Clothing Pool.

The clothing pool is now stocking short socks in assorted sizes in bottle green, grey and white. They cost \$4.00 a pair.

Canteen - School Hats

Due to the large number of enquires about hats with a tie under the chin, we have sourced hats with a tie on the crown.

All hats will be at a new price of \$10.00



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Good for Kids good for life
24 HOUR MOVEMENT GUIDELINES

Australian Government
Department of Health

Have you moved enough today?

SLEEP
• 5-13 year olds need 9-11 hours per night
• 14-17 year olds need 8-10 hours per night

PHYSICAL ACTIVITY
Aim for 60 minutes of exercise per day – the more you huff & puff the better!

INACTIVITY
Move more & sit less in your spare time

Find out more at www.health.gov.au

Children and young people (aged 5-17 years) should achieve the recommended volume of high levels of physical activity, low levels of sedentary behaviour, and sufficient sleep each day.

Illustration: 24 Hour Movement Guidelines for Children and Young People (5 to 17 years) An Adaptation of Physical Activity, Sedentary Behaviour and Sleep

Source: Australian 24 hour Movement Guidelines

NSW Health
Hunter New England Local Health District
HNELHD: GoodForKids@hnelhealth.nsw.gov.au
<http://www.goodforkids.nsw.gov.au/>

Responsible Pet Ownership

Very soon the Responsible Pet Education Program is coming to visit you at your school!

My pet dog will be coming to help teach you how to be safe around dogs and how to say hello to dog with their owners!

There will be lots of listening, role plays, singing and some dancing.

My dog may even meet you during the visit.

ANZ Hotshots group tennis coaching

Ages 4-14 years

Free t-shirt for all new signups
Saturday morning coaching
\$10.00 per week

Contact Mitch - 0434 211 461
mitch.power87@gmail.com

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Easter's Landscape Supplies

- Top Soil
- Limestone Roadbase
- Washed River Sand
- Aggregate
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- Garden Ornaments
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- Giftware
- Pots
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- Water Features
- Kanga Hire
- Garden Mix
- Concrete Sleepers
- Blocks and Pavers
- Mulches
- Organic Compost
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